















Cefn Saeson Comprehensive

Week 1 Allergen Sheet

															
	Celery	Gluten (Cereals Containing)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
Beef Meatballs		☹️											☹️	☹️	
Pasta		☹️													
Arrabiata Sauce															
Garlic Bread		☹️										😊			
Hot Dogs		☹️					☹️								
Mac 'n' cheese	😊	☹️	😊	😊	😊	😊	☹️	😊	😊	😊	😊	😊	😊	😊	
Salad Bowl		☹️		☹️	☹️		☹️		☹️				😊		
Baguettes		☹️					😊		😊				😊		
Ham Sandwich		☹️											☹️		
Cheese Sandwich		☹️					☹️								
Cheeseburger Burger		☹️					☹️								
Cheese & Tomato Pizza		☹️					☹️								
Peperoni Pizza Twist		☹️					☹️		😊				☹️		
Chicken Goujons Plain		☹️													
Chicken Goujon Southern Fried	☹️	☹️													
Chicken Tikka Curry							☹️								
Naan Bread		☹️													
Long Grain Rice															
Cheese Pizza Twist		☹️					☹️		😊				☹️		
Frikadellens		☹️		☹️					☹️						
Herby Diced Potatoes															
Beef															
Yorkshire Pudding		☹️		☹️			☹️								
Mash Potato		😊					☹️								
Roast Potato															
Gravy	😊	☹️		😊					😊				😊		
Breaded Cod		☹️			☹️										
Pork Sausage		☹️											☹️	☹️	
Chips															
Beans															
Sausage Roll		☹️		😊			😊		😊						
Corned Beef Pasty		☹️					☹️								
Steak Bake	😊	☹️		☹️	☹️		😊						😊		
Curry Sauce		☹️							☹️						
Table Key	😊	😊	☹️	Review date: 17th April 2026											
	😊	No Allergen Present													
	😊	May Contain													
	☹️	Allergen Present													