## **Cefn Saeson Comprehensive School**

## Week 2 Menu

| Spring 2025                         | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|-------------------------------------|--|---|---|---|--|
| Set Meal                            | Beef Bolognese<br>Pasta, Sweetcorn,                            | Balti Curry<br>Rice, Sweetcorn &  | Frikadellens,<br>Sautee Potatoes,   | Turkey & Stuffing<br>Dinner   | Fish, Sausage,<br>Chips                                      |
| <b>Option 1</b><br>(includes water) | Garlic Bread &<br>Cheese                                       | Naan Bread  | Spaghetti Hoops/Veg   | Mash, Roast Potato,<br>Carrots, Broccoli &<br>Gravy                                 | Beans, Gravy,<br>Curry Sauce &<br>Cheese                     |
| Option 2                            | Hot Dog Monday!  | Chicken Tikka/BBQ<br>Chicken/Meatball<br>Subs                                       | Chicken Tikka/BBQ<br>Chicken/Meatball<br>Subs                                       | Chicken Tikka/BBQ<br>Chicken/Meatball<br>Subs                                       |  |
| Option 3                            | Jacket Potato<br>Mac 'n' Cheese<br>Salad Bowl<br>Homemade Soup | Jacket Potato<br>Mac 'n' Cheese<br>Salad Bowl<br>Homemade Soup                      | Jacket Potato<br>Mac 'n' Cheese<br>Salad Bowl<br>Homemade Soup                      | Jacket Potato<br>Mac 'n' Cheese<br>Salad Bowl<br>Homemade Soup                      | Jacket Potato<br>Salad Bowl<br>Homemade Soup                 |
| Baguettes &<br>Sandwiches           | A variety of Baguettes<br>& Sandwiches                         | A variety of Baguettes<br>& Sandwiches  | A variety of Baguettes<br>& Sandwiches  | A variety of Baguettes<br>& Sandwiches  |  |
| Grab 'n' Go                         | Pizza<br>Peperoni Calzone<br>Chicken Goujons                   | Chicken Burger<br>Pizza<br>Ham & Cheese Wrap<br>Peperoni Calzone<br>Chicken Goujons | Chicken Burger<br>Pizza<br>Ham & Cheese Wrap<br>Peperoni Calzone<br>Chicken Goujons | Chicken Burger<br>Pizza<br>Ham & Cheese Wrap<br>Peperoni Calzone<br>Chicken Goujons | Pizza<br>Cheeseburger<br>Chicken Goujons<br>Peperoni Calzone |

Available Daily: - Fresh Fruit, Yoghurts, Custard Pots, Plain Pasta, Beans and Sausage Rolls Food Allergies & Intolerances: - Please speak to our Kitchen Staff about your requirements Gluten Free, Vegetarian, Vegan and Halal Options Available upon request