

Cefn Saeson Comprehensive School

Week 2 Menu

Autumn 2024	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal of the Day/Set Meal Option 1 <i>(includes water)</i>	Meatballs, Tomato Sauce, Pasta, Sweetcorn, Garlic Bread & Cheese	Chicken Tikka Curry Naan Bread Long Grain Rice Sweetcorn	Frikadellens, Sautee Potatoes, Spaghetti Hoops/Veg	Turkey & Stuffing Dinner Mash, Roast Potato, Carrots, Broccoli & Gravy	Fish, Sausage Chips Beans, Gravy, Curry Sauce Grated Cheese
Option 2	Hot Dog Monday!	Chicken Tikka/BBQ Chicken/Meatball & Tomato Subs	Chicken Tikka/BBQ Chicken/Meatball & Tomato Subs	Chicken Tikka/BBQ Chicken/Meatball & Tomato Subs	
Option 3	Pasta Bake/Salad Bowl	Pasta Bake/Salad Bowl	Pasta Bake/Salad Bowl	Pasta Bake/Salad Bowl	
Baguettes, Sandwiches & Wraps	A variety of Baguettes, Sandwiches & Chicken Tikka Wraps	A variety of Baguettes, Sandwiches & Chicken Tikka Wraps	A variety of Baguettes, Sandwiches & Chicken Tikka Wraps	A variety of Baguettes, Sandwiches & Chicken Tikka Wraps	A variety of Baguettes, Sandwiches & Chicken Tikka Wraps
Grab 'n' Go	Chicken Burger Pizza Ham & Cheese Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Wrap Peperoni Calzone Chicken Goujons	Pizza Sausage Roll Cheese Burger Chicken Goujons Peperoni Calzone

Available Daily:- Fresh Fruit, Yoghurts, Jacket Potatoes, Plain Pasta, Salad Bowls & Beans
Food Allergies & Intolerances:- Please speak to our Kitchen Staff about your requirements
Gluten Free, Vegetarian, Vegan and Halal Options Available by request

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