

# Cefn Saeson Comprehensive School

<b>Week 2 Menu</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Meal of the Day</b> <b>Option 1</b> <i>(includes a bottle of water)</i>	Sticky BBQ Chicken Herby Diced Potatoes Sweetcorn	Pork Sausage Dinner Yorkshire Pudding Creamed Potato Carrots, Broccoli Gravy	Chicken Curry Naan Bread Basmati Rice Sweetcorn	Turkey & Stuffing Dinner Creamed Potatoes Cabbage, Carrots, Broccoli & Gravy	Fish, Chips, Sausage Beans Gravy Curry Sauce Grated Cheese
<b>Meal of the Day</b> <b>Option 2</b> <i>(includes a bottle of water)</i>	Beef Bolognese Pasta Spirals Sweetcorn Garlic Bread	Chicken Chorizo & New Potato One Pot Sweetcorn/Salad	Beef Burger Wedges Spaghetti Hoops	Hoisin Chicken & Oriental Vegetable Noodle Stir Fry	As Above
<b>Vegetarian Option</b> <i>(includes a bottle of water)</i>	Arrabbiata Pasta Bake	Tomato & Basil Pasta Bake	Cauliflower & Broccoli Cheese Gratin	Pasta Bake	Pizza and the above items listed in Option 1
<b>Baguettes, Sandwiches &amp; Rolls</b>	Various selection of Baguettes, Sandwiches & Rolls	Various selection of Baguettes, Sandwiches & Rolls	Various selection of Baguettes, Sandwiches & Rolls	Various selection of Baguettes, Sandwiches & Rolls	Various selection of Baguettes, Sandwiches & Rolls
<b>Grab 'n' Go</b>	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Pizza Sausage Roll Chicken Goujons Chips

**Available Daily:- Fruit Pots, Fresh Fruit, Yoghurts, Jacket Potatoes, Plain Pasta, Pasta Pot, Salad Pot & Beans**  
**Food Allergies & Intolerances:- Please speak to our Kitchen Staff about your requirements**