

Cefn Saeson Comprehensive School

Week 2 Menu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal of the Day Option 1 <i>(includes a bottle of water)</i>	Sticky BBQ Chicken Herby Diced Potatoes Sweetcorn	Pork Sausage Dinner Yorkshire Pudding Creamed Potato Carrots, Broccoli Gravy	Chicken Curry Naan Bread Basmati Rice Sweetcorn	Turkey & Stuffing Dinner Creamed Potatoes Carrots, Broccoli & Gravy	Fish/Sausage Chips Beans/Gravy/Curry Sauce Grated Cheese
Meal of the Day Option 2 <i>(includes a bottle of water)</i>	Beef Stroganoff Rice Sweetcorn/Peas	Chicken, Chorizo & New Potato One Pot Sweetcorn/Mixed Leaf Salad	Southern Fried Chicken Fillet Wedges & Spaghetti Hoops	Hoisin Chicken & Oriental Vegetable Noodle Stir Fry	Pasty and the above items listed in Option 1
Vegetarian Option <i>(includes a bottle of water)</i>	Arrabbiata Pasta Bake	Tomato & Basil Pasta Bake	Cauliflower & Broccoli Cheese Gratin	Quorn Roast, Stuffing, Creamed Potatoes, Carrots, Broccoli & Gravy	Pizza and the above items listed in Option 1
Baguettes, Sandwiches & Rolls	A variety of Baguettes, Sandwiches & Rolls	A variety of Baguettes, Sandwiches & Rolls	A variety of Baguettes, Sandwiches & Rolls	A variety of Baguettes, Sandwiches & Rolls	A variety of Baguettes, Sandwiches & Rolls
Grab 'n' Go	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Chicken Burger Pizza Ham & Cheese Hot Wrap Peperoni Calzone Chicken Goujons	Pizza Pasty Pepperoni Calzone Chicken Goujons Chips

Available Daily:- Fruit Pots, Fresh Fruit, Yoghurts, Jacket Potatoes, Plain Pasta, Pasta Pot, Salad Pot & Beans
Food Allergies & Intolerances:- Please speak to our Kitchen Staff about your requirements