What's all this rights stuff about?

You have rights, use them!

UNCRC stands for the United Nations Convention on the Rights of the Child. It's a list of rights that all children, everywhere in the world, have.

The rights on the list are all the things that children and young people need to make sure that they are healthy, happy and safe.

There are 54 articles in the list, and 42 of these are rights for children (the others are about how adults and governments should work together to make sure all children get all their rights).

Want to know your rights?

Article 1:
Everyone under 18 has these rights

Article 2:
All children have these rights no matter what!

Article 3:
Everyone who works with children should always do what is best for each child

Article 4:
The government should make sure that all these rights are available to all children

Article 5:
Learn how to use your rights as you grow up

Article 6:
You have the right to life and to be healthy

Article 7:
Your right to a name and nationality

Article 8:
The government should respect your right to a name, nationality and family

Article 9:
Your right to be with your parents if this is what's best for you

Article 10:
Your right to see your family if they live in another country

Article 11:
Your right not to be taken out of the country illegally

Article 12:
Your right to say what you think should happen and be listened to

Article 13:
Your right to have information

Article 14:
Your right to follow your own religion

Article 15:
Your right to meet with friends and join groups and clubs

Article 16:
Your right to have privacy

Article 17:
Your right to honest information from newspapers and television that you can understand

Article 18:
Both parents share responsibility for bringing up their children, and they should always think about what is best for each child

Article 19:
You should not be harmed and should be looked after and kept safe

Article 20:
You should be looked after properly if you can't live with your own family

Article 21:
Your right to live in the best place for you if you can't live with your parents

Article 22:
Refugee children have the same rights as children born in Wales

Article 23:
Your right to special care and support if you are disabled

Article 24:
Your right to good food and water and to see a doctor if you are ill

Article 25:
Children who are not living with their families should be checked on regularly to make sure they are ok

Article 26:
The right to extra money if your family hasn't got enough to live on

Article 27:
Your right to a good standard of living

Article 28:
Your right to learn and to go to school

Article 29:
Your right to become the best that you can be

Article 30:
Your right to use your own language

Article 31:
Your right to relax and play

we have the right to be included

Article 32:
You should be protected from work that is dangerous

Article 33:
You should be protected from dangerous drugs

Article 34:
The government should protect children from sexual abuse

Article 35:
You have a right not to be sold

Article 36:
You should be protected from doing things that could harm you

Article 37:
Your right to be treated fairly if you break the law

Article 38:
Children should be protected during a war and not allowed to fight in the army if they are under 15

Article 39:
Children should get special help if they have been abused

Article 40:
Your right to legal help if you have been accused of breaking the law

Article 41:
If the laws in your country protect you better than the rights in this list, those laws should stay

Article 42
The government must let children and families know about children's rights

Know your rights

Comisiynydd Plant Cymru – Children's Commissioner for Wales

Beth yw'r hawliau yma?

Mae gennych chi hawliau – defnyddiwch nhw!

Confensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn yw'r CCUHP.

Rhestr o hawliau yw hwn sy'n berthnasol i bob plentyn ym mhob cwr o'r byd.

Yr hawliau ar y rhestr yw'r pethau sydd eu hangen ar blant a phobl ifanc i wneud yn siŵr eu bod yn iach, yn hapus ac yn ddiogel.

Mae 54 erthygl yn y rhestr, gyda 42 ohonyn nhw'n hawliau i blant (mae'r lleill yn sôn am sut dylai oedolion a llywodraethau weithio gyda'i gilydd i sicrhau bod pob plentyn yn cael ei holl hawliau).

Ydych chi eisiau gwybod eich hawliau?

Erthygl 1: Mae gan bawb o dan 18 oed yr hawliau yma

Erthygl 2: Mae gan bob plentyn yr hawliau hyn, waeth beth!

Erthygl 3: Dylai pawb sy'n gweithio gyda phlant bob amser wneud beth sydd orau i bob plentyn

Erthygl 4: Dylai'r llywodraeth sicrhau bod yr holl hawliau yma ar gael i bob plentyn

Erthygl 5: Dysgu sut i ddefnyddio eich hawliau wrth i chi dyfu i fyny

Erthygl 6: Mae gen ti hawl i fywyd ac i fod yn iach

Erthygl 7: Dy hawl i gael enw a chenedligrwydd

Erthygl 8: Dylai'r llywodraeth barchu dy hawl i gael enw, cenedligrwydd a theulu

Erthygl 9: Eich hawl i fod gyda'ch rhieni os dyna sydd orau i chi

Erthygl 10: Dy hawl i weld dy deulu os ydyn nhw'n byw mewn gwlad arall

Erthygl 11: Eich hawl i beidio cael eich symud o'ch gwlad yn anghyfreithlon

Erthygl 12: Eich hawl i ddweud beth rydych yn credu ddylai ddigwydd a bod rhywun yn gwrando arnoch

Erthygl 13: Eich hawl i gael gwybodaeth

Erthygl 14: Eich hawl i ddilyn eich crefydd eich hun

Erthygl 15: Eich hawl i gwrdd â ffrindiau ac i ymuno â grwpiau a chlybiau

Erthygl 16: Eich hawl i gael preifatrwydd

Dim Mynediad

Erthygl 17: Eich hawl i gael gwybodaeth onest y gallwch ei deall gan bapurau newydd a'r teledu

Erthygl 18: Mae'r ddau riant yn rhannu'r cyfrifoldeb am fagu eu plant, a dylen nhw bob amser ystyried beth sydd orau i bob plentyn

Erthygl 19: Ddylech chi ddim cael eich niweidio a dylech dderbyn gofal a chael eich cadw'n sâff

Erthygl 20: Dylech dderbyn gofal priodol os na allwch fyw gyda'ch teulu eich hun

Erthygl 21: Dy hawl i fyw yn lle gorau i ti os dwyt ti ddim yn gallu byw gyda dy rieni

Erthygl 22: Mae gan blant sy'n ffoaduriaid yr un hawliau â phlant gafodd eu geni yng Nghymru

Erthygl 23: Eich hawl i ofal arbennig a chefnogaeth os ydych chi'n anabl

Erthygl 24: Eich hawl i fwyd da a dŵr ac i weld meddyg os ydych chi'n sâl

Erthygl 25: Dylai plant sydd ddim yn byw gyda'u teuluoedd gael eu gwirio'n rheolaidd i sicrhau bod nhw'n iawn

Erthygl 26: Yr hawl i gael arian ychwanegol os nad oes gan eich teulu ddigon i fyw arno

Erthygl 27: Eich hawl i safon byw dda

Erthygl 28: Eich hawl i ddysgu ac i fynd i'r ysgol

Erthygl 29: Eich hawl i fod y gorau y gallwch chi fod

Erthygl 30: Eich hawl i ddefnyddio eich iaith eich hun

Erthygl 31: Eich hawl i ymlacio ac i chwarae

Comisiynydd Plant Cymru – Children's Commissioner for Wales

Mae gennym yr hawl i gael ein cynnwys

Erthygl 32: Dylech gael eich amddiffyn rhag gwaith sy'n beryglus

Erthygl 33: Dylech gael eich amddiffyn rhag cyffuriau peryglus

Erthygl 34: Dylai'r llywodraeth amddiffyn plant rhag cael eu cam-drin yn rhywiol

Erthygl 35: Mae gennych hawl i beidio cael eich gwerthu

Erthygl 36: Dylech gael eich amddiffyn rhag gwneud pethau allai'ch niweidio

Erthygl 37: Eich hawl i gael eich trin yn deg os ydych chi'n torri'r gyfraith

Erthygl 38: Dylai plant gael eu hamddiffyn yn ystod rhyfel, a ddylen nhw ddim cael ymladd yn y fyddin os ydyn nhw o dan 15 oed

Erthygl 39: Dylai plant gael cymorth arbennig os ydynt wedi cael eu cam-drin

Erthygl 40: Eich hawl i gael cymorth cyfreithiol os ydych wedi cael eich cyhuddo o dorri'r gyfraith

Erthygl 41: Os yw'r cyfreithiau yn dy wlad di yn dy amddiffyn di'n well na'r hawliau yn y rhestr yma, dylai'r cyfreithiau yna aros

Dysgwch am eich hawliau

Erthygl 42: Rhaid i'r llywodraeth roi gwybod i blant a theuluoedd am hawliau plant