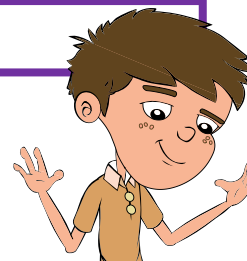




e-Bug Quiz: Hand Hygiene

Name:



Please tick as many answers as appropriate

How can you spread microbes to others?

| | |
|----------------------------------|---|
| By touching them | X |
| By looking at them | |
| By speaking to them on the phone | |
| By sneezing | X |

What is the best way for you to stop harmful microbes from spreading?

| | |
|-------------------------------------|---|
| Do nothing | |
| Wash hands in water | |
| Use hand gel | |
| Wash your hands with water and soap | X |

Why should we use soap to wash our hands?

| | |
|---|---|
| It kills microbes | |
| It breaks up the oil on our hands which trap microbes | X |
| It keeps our hands moist | |
| It doesn't matter if we use soap or not | |

When should we wash our hands?

| | |
|--------------------------|---|
| After stroking a pet | X |
| After sneezing | X |
| After watching TV | |
| After using the bathroom | X |

Which is NOT one of the 6 steps of handwashing?

| | |
|--------------------|---|
| Palm to palm | |
| The thumbs | |
| Arms | X |
| In between fingers | |

After we sneeze into our hands, we should:

| | |
|--------------------------------|---|
| Wash our hands | X |
| Dry our hands on our clothes | |
| Take antibiotics | |
| None of the above is necessary | |

